



Slow Food® UK

SLOW BREAD SURVEY

On average, how many slices of bread do you eat per week?

None (record reason)	Number
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What is the source of the majority of the bread you eat?

Ready-made sandwiches: (from) Chain Independent	Supermarket Loaf: (type) Unsliced Sliced
Independent Bakery	Restaurant/Pub
Homemade (by hand)	Homemade (Breadmaker)
Other (specify)	

How far would you have to travel to buy bread from a craft* baker?

(approx. miles)	(don't know)
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If you never use a craft baker, why is this?

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Guidance Notes:

- *A craft baker, for the purposes of this survey, is one where the bread is made (not just baked) on the premises and whose range includes overnight risen/sourdough or other slowly fermented breads.
- The size of a slice of bread is not quantified, but an average sized roll probably equals 2 slices.
- Please record any additional information which you think may be of use